



10 Day Eco-Surf Tour Itinerary

DAY 1

Welcome to Costa Rica!

After your flight we drive from the Central Valley of San Jose and drop down to the Pacific Ocean with enough time to catch a sunset session at Playa Hermosa.

DAY 2

SURF Playa Hermosa. Playa Hermosa is the most consistent, and desired beach break on the Pacific coast of Costa Rica where deep water off the coast and exposure to different swells have built up a variety of sandbars. The wave breaks at low and high tide when the conditions are good but it breaks best at high tide. It is possible to find a perfect A-Frame peak of your own.

Lunch is always served on the beach Picnic style.

Dinner will be served at one of the numerous restaurants in the near-by town of Jaco.

DAY 3

SURF Playa Hermosa and Jaco. Jaco is the near-by town that offers all services and has a very consistent beach break that offers waves for all levels of surfers.

DAY 4

Today we take an educational adventure to Manuel Antonio National Park. Costa Rica's first and most popular park where you can see 3 species of monkey's in one day, sloths, iguanas, scarlet macaws, and countless other creatures of the coastal littoral rainforest. We will spend the morning in the park searching for wildlife and have lunch on a white sand beach. In the afternoon we will search for waves in the Manuel Antonio area.

DAY 5

Today we will drive to Boca Barranca, Costa Rica's second longest left breaking wave. The wave breaks off of the Barranca river mouth and peels left for 400 yards on a perfect swell. The bottom is sandy and rocky at times making the wave consistent, long and fun. We will spend part of the day in Boca Barranca and find another spot to surf according to tides.

DAY 6

Wake up early and drive down the central coast to Dominical. On the way down the coast we will learn about the pros and cons of agricultural development in Costa Rica and have a chance to see some different beaches. We will arrive in time to have an afternoon session. Dominical is a powerful and consistent beach break much like Playa Hermosa, but with a more exuberant tropical landscape. Rainforest surrounds the entire area and the mountains meet the ocean just south of town. The beach offers rights and lefts and A-frames all year long. All receive south and west swells.

In the Dominical area we offer additional activities at an extra cost including a half day horse back ride to the impressive Nauyuca Waterfalls. This half-day includes breakfast, lunch, horse and private guide. The stunning waterfall is located on a private reserve that is family owned. We also offer walking tours of Hacienda Baru, an ecological reserve located right outside of Dominical where wildlife is more than abundant.

DAY 7

SURF Dominical.

DAY 8

Catch a morning surf session and have our last picnic on the beach. Today we will say goodbye to the coast and return in the afternoon to San Jose to have an exotic dinner and rest our heads for the next day.

DAY 9

Today we have an unforgettable day of white water rafting on the Pacuare River. This is one of the top 5 rafting rivers on the planet with class 3 and 4 rapids. Expert experienced guides will safely guide us on our adventure. The river cuts through virgin forest on the Caribbean slope and passes numerous waterfalls that practically pour into our raft. Lunch will be served on the river. In the evening we will return to San Jose for our farewell dinner.

DAY 10

Today you board the plane with memories that will last a lifetime from your Infinite Forest Eco-Surf adventure and return home to share stories with friends and family.